

The Sun Within

Lyrics: Sergio Rykov

Music: Sergio Rykov · 08.09.2026

Song page: sergiorykov.github.io/music/en/songs/2026-09-the-sun-within/

Automatic translation — only to convey the meaning. The song is sung in: ru.

Heavy shoulders and a gaze gone dim,
Alive and yet at once dead, at random
My eyes keep wandering over the stones,
"No one" and "no way" sound beneath me.

I remember myself, in gloom, empty.
I remember the dark that filled me. Let
Not a spark of hope, not a flash of feeling,
Nothing to see, just a burden's weight.

Were there moments when I was myself?
Where joy was ruling and there was peace?
Where the heart was crying and broke into dance,
Where there was no sadness, just beauty's voice?

So many questions, so many answers.
The mind is saying - there's nothing there.
But the heart, oh the heart keeps stubbornly crying:
"See me, I'm alive!" It aches.

It aches, and as in a fog, it hums,
It can't go on living the way it did.
It can't stop believing, fear and turn back,
It can't bring back all that was before.

So much love is hidden around,
Listen, feel it, drink it in, my friend!
There are no barriers, no terms and no lies,
The sun is not out there, it is just within.